

# Being Green



**From the Office of  
Congressman Ed Perlmutter**

# Keeping our Government Green

- Congressman Perlmutter was the Chair of the Energy Efficiency Task Force within the Financial Services Committee
- He sponsored H.R. 2336 - the GREEN Act
- He is an advocate for energy efficiency in Congress



# Keeping our Government Green

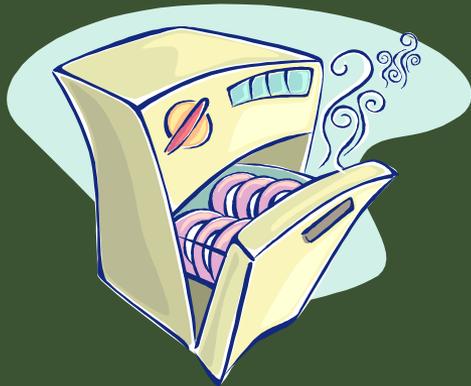
- Congressman Perlmutter's District Office leads by example:
  - We are located in a LEED-EB Certified Building with a 30kw photovoltaic (PV) solar panel on the roof



- We use all recyclable paper and materials
- We use old K-Cups (from a Keurig coffee maker) as seedling pots
- We use mugs instead of disposable cups

# Being Green at Home

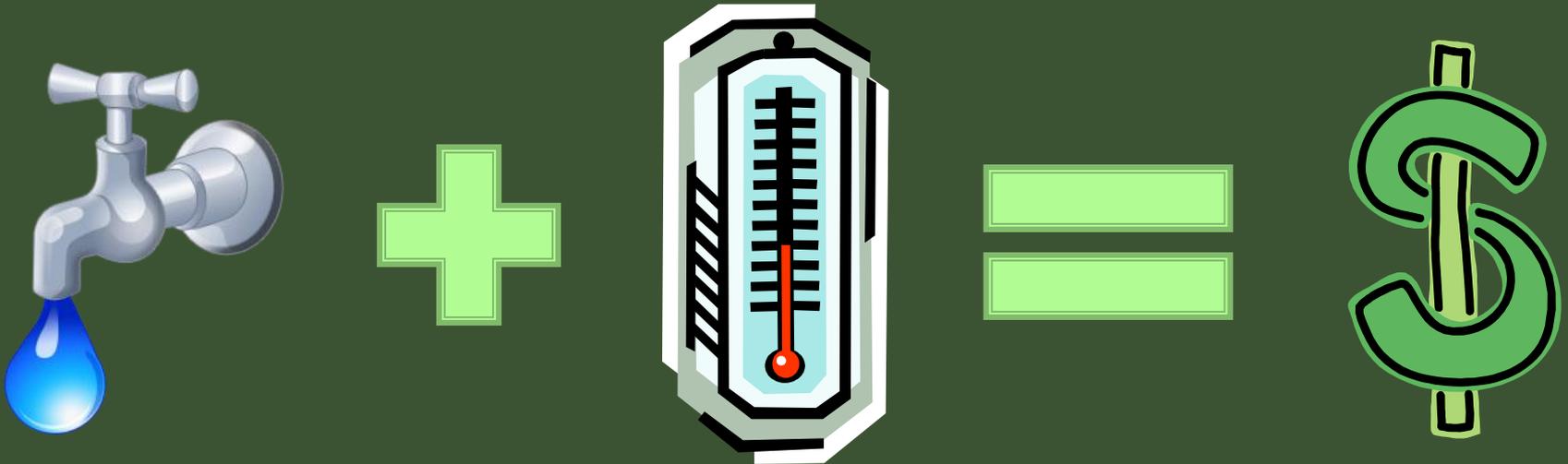
- Change out light bulbs for energy efficient light bulbs, which use **50-75% less energy**.



- Let dishes air dry, do not use the drying cycle.
  - The rinse hold selection on the dishwasher can use up to **10 gallons of hot water** each cycle.
- Use the cold water cycle on your washer machine.
  - **Nearly 90% of energy used in a cycle is to heat the water.**
- Avoid partial loads

# Being Green at Home

- Lower the thermostat on your hot water heater.
  - Every 10 degree reduction is equivalent to a 3-5% reduction in energy costs.
- Insulate water pipes.
  - This allows for water to heat up faster which leads to a decrease in wasted water.
- Turn off water while brushing your teeth.



# Being Green at Home

- Many new appliances are energy efficient. Try to think of long term costs when buying large items.
- Buy food that uses less packaging.
- Buy local whenever possible
  - Transporting foods from across the country adds to energy consumption.
- Visit local farmers markets in the summer and score a great deal on fresh produce.
- Buy reusable totes to carry groceries and lunch in.



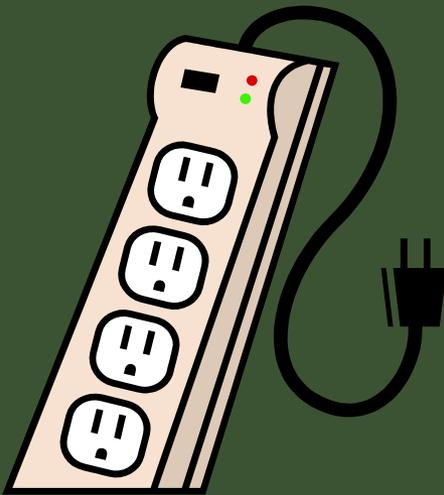
# Being Green at Home



- Plant a garden or grow herbs in your window.
- Reuse containers!
  - Glass jars can be used as drinking glasses
  - Old cups can serve as pots for plants
- This summer keep the house a little warmer.
  - With every degree increased there is a 3-5% drop in energy costs.
- Buy toilet paper, napkins, and facial tissue with a high post consumer content.

# Being Green at the Office

- Turn off and unplug electronics when not in use.
  - Plug items into a power strip to easily turn them off when not in use.
- Shutdown computers and turn off monitors at the end of the day.
- Print double sided.



# Composting

- Composting allows your yard trimmings and food scraps to become nutrient rich soil
  - Setting up a composter is easy and can save you the hassle of discarding plant matter
  - For information about composting in Colorado [click here](#)

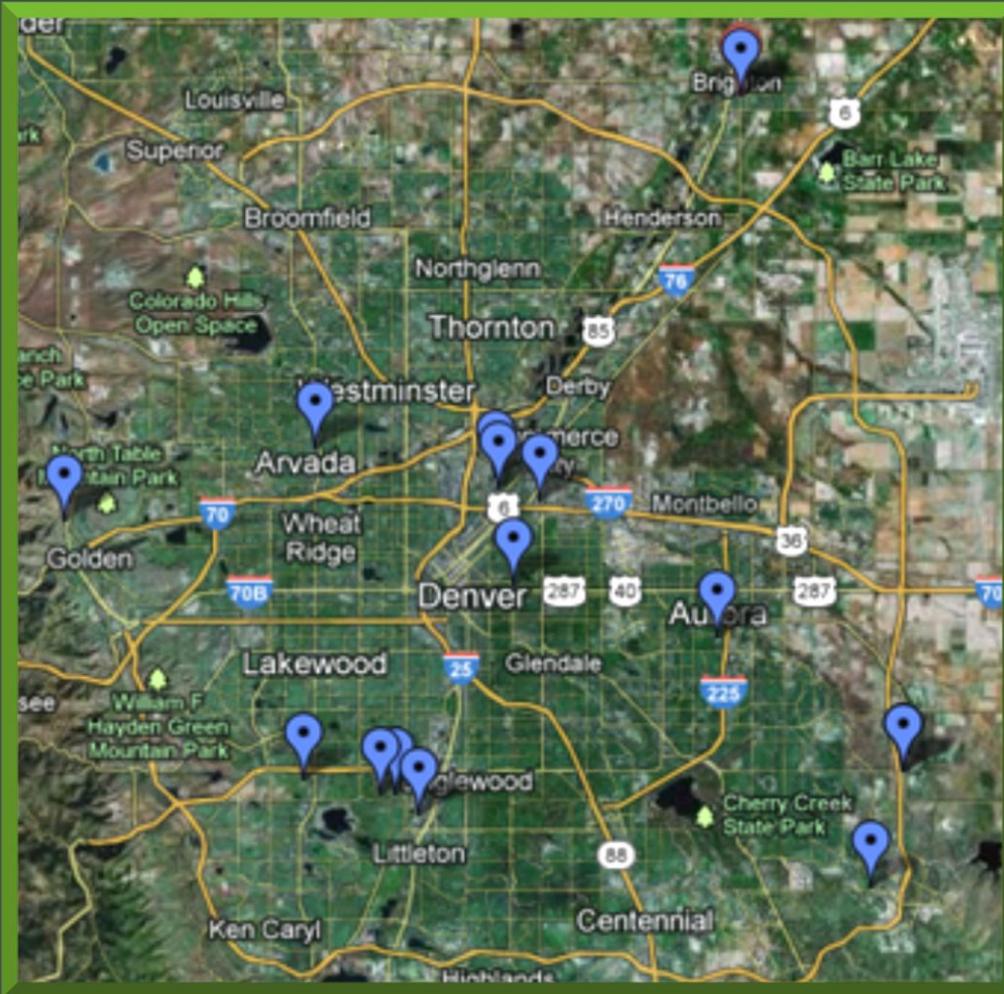


# Recycle, recycle, recycle

- Recycling is imperative to being green. If you do not have recycling set up with a collection agency you can drop off your recycling at sites across the district.



# Recycling Drop off Sites



[Google Maps Link](#)

# Denver Drop off Sites

- **City & County of Denver and Waste Management Recycle America**  
16th Ave. & Josephine  
Denver , CO

Notes:

Off of 16th Ave on the North side of the Dog Park. Accepts aluminum, steel, cardboard, mixed paper, glass bottles & jars, #1-7 plastic bottles, and ceramic.

- **Waste Management Recycle America**  
2400 W. Union Ave.  
Denver , CO

Notes:

Accepts aluminum cans, glass bottles & jars, phone books, newspaper, plastic bottles and steel cans. No plastic bags or tubs.

# Denver Drop off Sites

- **Waste Management Recycle America**

5395 Franklin St.  
Denver , CO

Notes:

Accepts aluminum cans, scrap metal, cardboard, mixed paper, glass bottles & jars, paperboard, plastic bottles and steel cans. No plastic bags or tubs.

- **Waste Management Recycle America**

3730 E. 48th Ave  
Denver, CO

Notes:

Accepts aluminum cans, scrap metal, cardboard, mixed paper, glass bottles & jars, magazines and catalogs, paperboard, plastic bottles and steel cans. No plastic bags or tubs.

# Denver Drop off Sites

- **Colorado Department of Human Services**

3824 W. Princeton Circle  
Denver, CO

Notes:

Accepts aluminum cans, cardboard, mixed paper, glass bottles and jars, magazines and catalogs, paperboard (like cereal boxes), plastic bottles and steel cans.

- **Colorado Mental Health**

3520 W. Oxford Avenue  
Denver, CO

Notes:

Accepts aluminum cans, cardboard, mixed paper, glass bottles and jars, magazines and catalogs, paperboard (like cereal boxes), phonebooks, plastic bottles and steel cans.

# Denver Drop off Sites

- **Mountain View Youth Services**

7862 Mansfield Parkway West  
Denver, CO

Notes:

Accepts aluminum cans ,cardboard, mixed paper, glass bottles and jars, magazines and catalogs, paperboard (like cereal boxes), phonebooks, plastic bottles and steel cans.

- **International Paper**

5135 Race Ct  
Denver, CO

Notes:

Accepts cardboard, magazines, mixed paper, junk mail,newspaper, plastic bottles and aluminum cans.

# Arvada Drop off Sites

- **6161 Olde Wadsworth Blvd.**  
Arvada, CO

Notes:

Single stream drop off site.

Items Allowed Include: Aluminum cans, Steel cans, Tin cans, Pie tins, Aluminum foil, Glass- food/beverage grade only, Magazines, Office Paper, Newspaper, Junk mail, Phone books, Brown paper bags, Envelopes, Paperboard, Cardboard- broken down, Plastics #1-7. ]

Prohibited Items: Household garbage, Ceramics, Light bulbs, Mirrors, Styrofoam, Motor Oil, Paint, Plastic bags, Liquid

# Golden Drop off Sites

- **Golden Recycling Center**  
20041 Golden Gate Canyon Road  
Golden, CO

Notes:

Accepts Mixed paper, steel (tin) and aluminum cans, Plastics #1 through #7, all colors of glass, cardboard, phonebooks and paperboard.

The Center is open from 7am to 7pm each day. Bins are picked up daily, Monday through Friday. The wind can be a real problem so please keep the lids closed on the dumpsters and do not leave any trash behind them. The best days to leave materials are Tuesday through Friday.

# Aurora Drop off Sites

- **Central Facilities Center**

13646 E. Ellsworth Ave.

(on the south end of the city's Wastewater/Stormwater lot)

Notes:

8:30 a.m. to 4:30 p.m. Monday through Friday. Single stream drop off site

- **Saddle Rock Golf Maintenance Center**

21705 E. Arapahoe Road (across the street from the golf course)

Notes:

Single stream drop off site. 7 a.m. to 1 p.m. Monday through Friday

# Aurora Drop off Sites

- **Denver Arapahoe Disposal Site (DADS)**  
3500 S. Gun Club Road (at Hampden Avenue)

## Notes:

6 a.m. to 8:30 p.m. Monday through Friday

7 a.m. to 5 p.m. Saturday . To reach the single-stream recycling drop-off point, proceed to the entry scale house and tell the attendant your destination. The attendant will provide you with a ticket for tracking purposes only. The DADS facility also charges a fee to accept home appliances and electronics, automobile tires and asphalt shingles. In addition, environmental and fuel charge fees apply only when recycling these fee-based items. Call 720-876-2650 for details on fees or more information.

# Brighton Drop off Site

- South side of New City Hall  
500 S. 4th Ave.

Notes:

303-655-2123. Accepts: cardboard, paper, plastic, glass, and aluminum.

# **Thank You!**

**For taking the first step toward  
a more environmentally  
friendly lifestyle.**

**If you have any questions or comments,  
feel free to contact us at:**

**(303) 274-7944**